

Ifeadikachi Okoh-Nnamani

Healthcare Assistant/Support Worker

Gwarinpa, Abuja +234

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Ifeadikachi is caring, kind, compassionate, honest, smart, well detailed, diligent and resourceful professional with experience in Health Care Support. Able to manage patients, grooming, cook and serve meals, help people move around, make patient feel comfortable. Possess solid communication, organizational, interpersonal, time management, grit, team player, emotional intelligence, positive attitude to work, observational and resolution skills.

Willing to relocate: Anywhere

Work Experience

Health Care Assistant(Volunteer & Full Time)

Zitadel Medicals and Diagnosis Gwarinpa - Gwarinpa, Abuja

June 2022 to Present

1. Wound dressing to patients with minor and major wounds including dressing of pressure sore.
2. Taking of accurate Vital Signs.
3. Medications Administration using a medical drug chart.
4. Administration of Nebulization to Patients in need of it.
5. Administration of Oxygen and ventilator to patients.
6. Proper hospital bed making and keep the patient's environment clean.
7. Proper disposing hospital's waste using Coded Bin Liners.
8. Performing of Oral Hygiene and Bed bathing to patients who are in need of it.
9. Performing Tepid Sponging to patients both elderly, Kids and infants.
10. Proper Bathing of new born babies and nursing the baby.
11. Accurate Pre - Operation Care and Post - Operation Care to patients.
12. Serving of Urinary and Bed Pan to patients.
13. Adequate and swift response to Emergency Cases.
14. First Aid and Basic Life Support: Cardiopulmonary Resuscitation Administration.
15. Companionship to depressed patients mostly to the elderly.
16. Running errands for patients who are in their homes and shopping
17. Driving patients but strictly on request by the patient or by the family members.

Sales Consultant

Oriflame Cosmetics Company - FCT, Abuja

April 2017 to April 2021

Responsibilities:

- Prospected and qualified new sales lead as well as scheduled meetings and presentations with prospects.
- Created, planned and delivered presentations on Oriflame products.
- Advertised Oriflame products on various social media platforms, such as; Whatsapp, Instagram and Facebook.

Co-ordinated other team members to optimize sales effort.

• Achievements:

- Sold over 100 Oriflame products within the period and developed strong, ongoing relationships with prospects and customers.
- Excellent Customer Relationship.

Voluntary Worker(NYSC)

WOTCLEF Community Development Service - Abuja

June 2017 to April 2018

1. Educating general public on the dangers of child and human trafficking.
2. Safeguarding the vulnerable in the society most especially; the young girls, children, women and the elderly.
3. Educating the general public on the dangers of early marriage of young girls between the ages of 8 - 18 years.
4. Creating awareness of the dangers of Sexually Transmitted Diseases(STD).
5. Preaching against Child's Labour.

ACHIEVEMENTS:

Being able to spread the knowledge of war against Women and Child Labour in the Northern part of Nigeria.

Educating the young girls in the Northern part of Nigeria e.g Abuja which is in the North Central, the importance of Western Education.

Secretary(NYSC)

Directorate Technical Co-operation in Africa DTCA under Ministry of Foreign Affairs, Abuja Nigeria - Abuja

May 2017 to April 2018

Department: Programme Management
Responsibilities

- Rendered clerical and administrative support to optimize workflow procedures in the office.
- Maintained inventory, created proper filing system and updated personal and financial records from time to time.
- Prepared reports on office budget and documented expenses & hand-in reports.
- Assisted colleagues and executives by supporting them with planning events and distributing information.
- Filed and updated contact information of employees, customers, suppliers and external partners.

Achievements:

- Maintained proper filing system and delivered exceptional customer service in relations with Clients.

Education

Certificate of Training in First Aid, Basic Life Support, Mental Capacity, Medications Competency Assessment, Safeguarding Adult Level 1 & 2, Equality, Diversity and LGBTQ+, Manual Handling, Fire Safety, Infection Control Level 1 & 2, Food Hygiene, Effective Communication, End of Life Care, Dementia Care, Medications Administration

Florence Academy in London(e-Learning)

July 2022 to August 2022

Certificate of Training in Healthcare Assistant

Vinzstel Healthcare Services and Academy, Lagos Nigeria

April 2022 to July 2022

Bachelor's in History and International Studies

Nnamdi Azikiwe university Awka - Abuja

October 2012 to September 2016

Skills

- Health Care
- Home Health
- Personal Care
- Soft Skills
- CNA

Languages

- English - Fluent
- Igbo - Expert
- German - Beginner
- Chinese - Beginner

Links

<http://www.facebook.com/obinwannekachi>

<http://www.instagram.com/Obinwannekachy>

Military Service

Branch: FCT - Abuja

Service Country: Nigeria

Rank: Corper

May 2017 to April 2018

It was a Para-Military Service, National Youth Service Corps(NYSC), which lasted for one year. I belonged to Community Development Service(CDS) called Women Trafficking and Child Labour Eradication Foundation(WOTCLEF).

Awards

3rd Best Graduating Student

March 2017

I was awarded the best graduating student with a total Grade Point of 4.10 from my department History and International Studies, Nnamdi Azikiwe University Awka, Nigeria.

Certifications and Licenses

Most Influential Female Student

June 2014 to Present

I was the most influential female student during my university days! I was able to mediate between Students and Lecturers to achieve a positive results for the wellbeing of the Students.