

ABIGAIL ADILIKE

42, Francis Onajirin street, Asolo bus stop, off isawo road,
Agric bus stop, Ikorodu road, Lagos
08179222592 | abigailadilike1@gmail.com | Female |
Date Of Birth: 27th of Nov. 1997

OBJECTIVE

To work with a goal oriented organization with the aim of contributing productively to the corporate objective while positively influencing the immediate social environment.

EXPERIENCE

- **Camouflage Infrastructure Limited (Ikeja, Lagos State)**

June 2019 - Current

Health and Safety Officer (NYSC)

Responsibilities include:

Monitor all health and safety activities and ensure appropriate implementation of relevant policies.

Meeting company's health and safety goal

Ensure compliance to all determined standards for HSE regulations.

Administer emergency response activities and recommend improvements per requirement.

Inspect job sites for hazardous work elements and perform safety analysis.

- **Edokpolor Secondary school (Benin City, Edo State)**

Oct 2017 - Nov 2017

Home Economics teacher (Teaching Practice)

Responsibilities include:

Prepare class and deliver lectures to students on topics as food science, nutrition, hygiene and childcare.

Initiate and moderate classroom discussion to aid more understanding of the subject.

Plan, evaluate and revise curricula, course content and methods of instruction before classroom lecture.

Compile, administer and grade examinations, or assign this work to others.

- **Military Hospital (Benin City, Edo State)**

November 2016 - May 2017

Public Health Educator (Intern)

Responsibilities include:

Daily enlightenment and education of the patients on the importance of safety, the dangers of careless and unsafe activities to patients and their health most especially pregnant woman.

Administration of immunizations and vaccines to children, pregnant women and patients who were available, and also general public health and safety to the community through sensitizations and public awareness programs.

EDUCATION

- **University of Benin**

2018

B.Sc (Ed) Health Education

Second Class (Upper Division)

- **Promise International College**

2013

Senior School Leaving Certificate (WASSEC)

SKILLS

- Hazard and risk assessment
- Excellent communication skill (Oral and writing)

- Health and Safety Orientation
- Team Management
- Time Management
- Proficient administration of First Aid
- Attention to details
- Effective use of Microsoft office application (Microsoft word, Excel, Power point application)

CERTIFICATIONS

- British International Safety Council, UK (Novelle center, Nigeria. April 2020)
HSE 3 (Occupational risk assessment)

British International Safety Council, UK (Novelle center, Nigeria. April 2020)
HSE 1,2 (Occupational health and safety)

Alison Courses, UK (December 2019)
Diploma in Occupational health and safety management

University of Benin, Benin City, Edo state (April 2019)
Teachers Registration Council of Nigeria (TRCN)